

The logo for Parker Therapeutic Services (PTS) features the letters "PTS" in a large, white, serif font, centered within a dark blue rectangular box.

PARKER  
THERAPEUTIC  
SERVICES

940 Madison Ave. Suite 203  
Baltimore, Maryland, 21201  
410.800.4480

Thursday, March 12, 2020

## **COVID-19**

### **3.12.2020 Updates**

At Parker Therapeutic Services (PTS), the health, wellness and safety of our staff, clients and their families is our first priority. We have been and will continue to watch the spread of the Coronavirus (COVID-19) and are closely monitoring Centers for Disease Control (CDC) guidelines as they are refreshed, especially with reported cases in nearby Baltimore, Prince Georges, Montgomery Counties. Should emergency directives from our elected officials be issued, we will take swift action to comply and provide updates to our community and postpone upcoming trainings, events and activities.

We are currently taking proactive, preventative measures in our office to protect against the exposure of the virus within our spaces. As always we are making sure our incredible teams are following our standard operating procedures. In addition, we have further strengthened our sanitation efforts and have educated our team members on preventative measures provided by the CDC regarding food & safety.

While we have always had a nightly cleaning staff come in, during the day will routinely sanitizing door handles, bathrooms, tabletops and other surfaces. PTS will also increase the volume of hand sanitizer and wipes throughout the office.

#### **Cold/Flu or other symptoms:**

If you have a cough, cold, or other flu like symptoms or feeling under the weather, please call or email us and let us know and we will be glad to reschedule your appointment. If you have been exposed to someone who has had the symptoms and been treated with COVID-19 we also recommend you wait before scheduling an appointment. We recommend that you wait 14 days after your symptoms before rescheduling your appointment.

## Prevention

The best way to help prevent person-to-person spread of COVID-19 is to practice preventative actions including:

1. Washing your hands often with soap and water for at least 20 seconds and use an alcohol-based hand sanitizer
2. Avoiding touching your eyes, nose, and mouth with unwashed hands
3. Avoiding close contact with people who are sick
4. Staying home when you are sick
5. Covering your cough or sneeze with a tissue, then throw the tissue in the trash
6. Cleaning and disinfecting frequently-touched objects and surfaces For additional resources, please consult with the CDC, [www.cdc.gov/covid19](http://www.cdc.gov/covid19) or Maryland Department of Health <https://phpa.health.maryland.gov/Pages/Novel-coronavirus.aspx>.

We are all working to stay safe and healthy as we learn more about the COVID-19. If you are avoiding public places in the coming weeks and need to reschedule appointments, please do let our team know.

Sincerely,

The PTS Team

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Info@parkertxservices.com  
www.parkertherapeutic.com

Office Hours  
Monday - Friday  
9:00am - 6:00pm